



# OCEANIA REGIONAL WEIGHTLIFTING TECHNICAL COURSE

**Sigatoka, Fiji • 26 – 28 April 2003**



**OFFICIAL PROGRAM**

<b>Program Coordinator</b>	Paul Coffa <small>MBE</small>	General Secretary Oceania Weightlifting Federation
<b>Course Instructor</b>	Sam Coffa <small>AM, JP</small>	First Vice President International Weightlifting Federation

<b>DATE</b>	<b>TIME</b>	<b>ITEM</b>	<b>VENUE</b>
Saturday, 26 April 2003	2pm to 5pm	Opening of the course & workshop	Crows Nest Resort
Sunday, 27 April 2003	9am to 12noon	Workshop continues	Crows Nest Resort
Sunday, 27 April 2003	2.30pm to 5pm	Practical work	OWF Institute
Monday, 28 April 2003	9am to 10.30am	Workshop continues	Crows Nest Resort
Monday, 28 April 2003	10.45am to 12noon	Practical work	OWF Institute
Monday, 28 April 2003	2.30pm to 4.30pm	Examination	Crows Nest Resort
Monday, 28 April 2003	7.30pm	Dinner & presentation of certificates	Outrigger Resort

## **PARTICIPANTS**

<b>NAME</b>	<b>NATION</b>
Matthew Curtain	Australia
Tony Hole	Cook Islands
Simpson Abraham	Federated States of Micronesia
Mick Cornish	Fiji

Manasa Vakuruivalu	Fiji
Andi Kuruivitu	Fiji
Roby Beaut	Marshall Islands
Bure Ika	Nauru
Robert Grimaldi	New Caledonia
Andy Baker	New Zealand
Hetututama Speedo	Niue
Frank Robby	Papua New Guinea
Steve Patris	Palau
Steve Finau	Tonga
Uluao Lauti	Tuvalu

