

South Pacific Senior Records (Men)
December 2014

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|------------------------|-----------|------------------|-----|-----------|-------------------|
| 56Kg Category | Kg | | | | |
| Snatch | 124 | Manuel Minginfel | FSM | 27.08.07. | Apia- Samoa |
| Clean & Jerk | 152 | Manuel Minginfel | FSM | 27.08.07. | Apia- Samoa |
| Total | 276 | Manuel Minginfel | FSM | 27.08.07. | Apia- Samoa |
| 62Kg Category | Kg | | | | |
| Snatch | 129 | Manuel Minginfel | FSM | 09.12.06 | Apia-Samoa |
| Clean & Jerk | 172 | Marcus Stephen | NRU | 23.11.99 | Athens- Greece |
| Total | 300 | Marcus Stephen | NRU | 23.11.99 | Athens- Greece |
| 69Kg Category | Kg | | | | |
| Snatch | 135 | Yukio Peter | NRU | 18.08.04 | Athens -Greece |
| Clean & Jerk | 175 | Marcus Stephen | NRU | 06.11.99 | Nauru |
| Total | 302 | Yukio Peter | NRU | 06.05.04 | Suva - Fiji |
| 77Kg Category | Kg | | | | |
| Snatch | 157 | Yukio Peter | NRU | 12.05.11 | Darwin- AUS |
| Clean & Jerk | 196 | Yukio Peter | NRU | 14.05.09 | Darwin -AUS |
| Total | 350 | Yukio Peter | NRU | 09.09.05 | Sigatoka- Fiji |
| 85Kg Category | Kg | | | | |
| Snatch | 160 | Yukio Peter | NRU | 20.11.10 | Moindou -NCL |
| Clean & Jerk | 200 | Yukio Peter | NRU | 27.04.07 | Apia - Samoa |
| Total | 360 | Yukio Peter | NRU | 20.11.10 | Moindou -NCL |
| 94Kg Category | Kg | | | | |
| Snatch | 152 | Eric Brown | ASA | 27.03.98 | Nauru |
| Clean & Jerk | 200 | Steven Kari | NRU | 29.11.13 | Penang -Malaysia |
| Total | 352 | Steven Kari | NRU | 29.11.13 | Penang - Malaysia |
| 105Kg Category | Kg | | | | |
| Snatch | 155 | Niusila Opeloge | SAM | 08.06.12 | Apia -Samoa |
| Clean & Jerk | 206 | David Katoatau | KIR | 05.09.13 | Wallis & Futuna |
| Total | 353 | Steven Kari | NRU | 16.11.13 | Melbourne - AUS |
| 105+Kg Category | Kg | | | | |
| Snatch | 184 | Itte Detenamo | NRU | 13.05.11 | Darwin -AUS |
| Clean & Jerk | 229 | Itte Detenamo | NRU | 13.05.11 | Darwin -AUS |
| Total | 413 | Itte Detenamo | NRU | 13.05.11 | Darwin -AUS |

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|------------------------|-----------|---------------|-----|----------|------------------|
| 56Kg Category | Kg | | | | |
| Snatch | 106 | Manueli Tulo | FIJ | 04.05.10 | Suva -Fiji |
| Clean & Jerk | 140 | Manueli Tulo | FIJ | 20.11.10 | Moindou -NCL |
| Total | 245 | Manueli Tulo | FIJ | 20.11.10 | Moindou -NCL |
| | | | | | |
| 62Kg Category | Kg | | | | |
| Snatch | 111 | Lapua Lapua | TUV | 24.10.11 | Noumea -NCL |
| Clean & Jerk | 137 | Gadd Teabuge | NRU | 12.04.02 | Suva - Fiji |
| Total | 240 | Lapua Lapua | TUV | 22.07.11 | Noumea -NCL |
| | | | | | |
| 69Kg Category | Kg | | | | |
| Snatch | 135 | Yukio Peter | NRU | 18.08.04 | Athens -Greece |
| Clean & Jerk | 172 | Yukio Peter | NRU | 00.06.04 | Malta |
| Total | 302 | Yukio Peter | NRU | 06.05.04 | Suva -Fiji |
| | | | | | |
| 77Kg Category | Kg | | | | |
| Snatch | 145 | Yukio Peter | NRU | 24.12.04 | Nauru |
| Clean & Jerk | 180 | Yukio Peter | NRU | 18.06.04 | Sigatoka - Fiji |
| Total | 325 | Yukio Peter | NRU | 24.12.04 | Nauru |
| | | | | | |
| 85Kg Category | Kg | | | | |
| Snatch | 140 | Steven Kari | PNG | 06.09.11 | Noumea -NCL |
| Clean & Jerk | 184 | Steven Kari | PNG | 08.06.12 | Apia-Samoa |
| Total | 324 | Steven Kari | PNG | 08.06.12 | Apia-Samoa |
| | | | | | |
| 94Kg Category | | | | | |
| Snatch | 152 | Steven Kari | PNG | 29.11.13 | Penang -Malaysia |
| Clean & Jerk | 200 | Steven Kari | PNG | 29.11.13 | Penang -Malaysia |
| Total | 352 | Steven Kari | PNG | 29.11.13 | Penang -Malaysia |
| | | | | | |
| 105Kg Category | Kg | | | | |
| Snatch | 153 | Steven Kari | PNG | 16.11.13 | Melbourne -AUS |
| Clean & Jerk | 200 | Steven Kari | PNG | 16.11.13 | Melbourne -AUS |
| Total | 353 | Steven Kari | PNG | 16.11.13 | Melbourne -AUS |
| | | | | | |
| +105Kg Category | Kg | | | | |
| Snatch | 170 | Itte Detenamo | NRU | 08.12.06 | Apia-Samoa |
| Clean & Jerk | 211` | Itte Detenamo | NRU | 24.06.05 | Sigatoka -Fiji |
| Total | 377 | Itte Detenamo | NRU | 08.12.06 | Apia-Samoa |

South Pacific Senior Records (Women)
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48Kg Category

| | Kg | | | | |
|--------------|-----------|---------------|-----|----------|------------|
| Snatch | 72 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |
| Clean & Jerk | 86 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |
| Total | 157 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |

53Kg Category

| | Kg | | | | |
|--------------|-----------|-----------|-----|----------|----------------|
| Snatch | 87 | Dika Toua | PNG | 23.05.08 | Noumea -NCL |
| Clean & Jerk | 114 | Dika Toua | PNG | 09.09.05 | Sigatoka -Fiji |
| Total | 200 | Dika Toua | PNG | 09.09.05 | Sigatoka -Fiji |

58Kg Category

| | Kg | | | | |
|--------------|-----------|-------------|-----|----------|-----------------|
| Snatch | 83 | Jenlyn Wini | SOL | 11.07.13 | Melbourne -AUS |
| Clean & Jerk | 107 | Jenlyn Wini | SOL | 03.09.13 | Wallis & Futuna |
| Total | 189 | Jenlyn Wini | SOL | 03.09.13 | Wallis & Futuna |

63Kg Category

| | Kg | | | | |
|--------------|-----------|------------------|-----|----------|----------------|
| Snatch | 85 | Sheba Deireragea | NRU | 03.11.01 | Nauru |
| Clean & Jerk | 113 | Jenlyn Wini | SOL | 16.11.13 | Melbourne -AUS |
| Total | 197 | Jenlyn Wini | SOL | 16.11.13 | Melbourne -AUS |

69Kg Category

| | Kg | | | | |
|--------------|-----------|------------------|-----|----------|-----------------|
| Snatch | 90 | Sheba Deireragea | NRU | 02.08.02 | Manchester- GBR |
| Clean & Jerk | 111 | Mary Opeloge | SAM | 17.10.08 | Pune- India |
| Total | 200 | Sheba Deireragea | NRU | 02.08.02 | Manchester |

75Kg Category

| | Kg | | | | |
|--------------|-----------|--------------|-----|-----------|------------------|
| Snatch | 110 | Mary Opeloge | SAM | 28.11.13 | Penang -Malaysia |
| Clean & Jerk | 134 | Mary Opeloge | SAM | 29.07. 14 | Glasgow- SCO |
| Total | 243 | Mary Opeloge | SAM | 29.07. 14 | Glasgow- SCO |

+75Kg Category

| | Kg | | | | |
|--------------|-----------|-------------|-----|----------|--------------|
| Snatch | 126 | Ele Opeloge | SAM | 06.05.10 | Suva -Fiji |
| Clean & Jerk | 161 | Ele Opeloge | SAM | 07.09.11 | Noumea .NCL |
| Total | 285 | Ele Opeloge | SAM | 10.10.10 | Delhi -India |

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| | | | | | |
|-----------------------|-----------|------------------|-----|----------|-----------------|
| 48Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 72 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |
| Clean & Jerk | 86 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |
| Total | 157 | Suzanne Hiram | NRU | 10.08.07 | Apia-Samoa |
| 53Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 85 | Dika Toua | PNG | 31.12.04 | Sigatoka -Fiji |
| Clean & Jerk | 107 | Dika Toua | PNG | 31.12.04 | Sigatoka -Fiji |
| Total | 192 | Dika Toua | PNG | 31.12.04 | Sigatoka -Fiji |
| 58Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 81 | Wendy Hale | SOL | 27.04.07 | Apia- Samoa |
| Clean & Jerk | 105 | Tyoni Batsiua | NRU | 03.11.01 | Nauru |
| Total | 185 | Tyoni Batsiua | NRU | 03.11.01 | Nauru |
| 63Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 85 | Sheba Deireragea | NRU | 03.11.01 | Nauru |
| Clean & Jerk | 110 | Sheba Deireragea | NRU | 03.11.01 | Nauru |
| Total | 195 | Sheba Deireragea | NRU | 03.11.01 | Nauru |
| 69Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 90 | Sheba Deireragea | NRU | 02.08.02 | Manchester -GBR |
| Clean & Jerk | 111 | Mary Opeloge | SAM | 17.10.08 | Pune- India |
| Total | 200 | Sheba Deireragea | NRU | 02.08.02 | Manchester GBR |
| 75Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 105 | Mary Opeloge | SAM | 11.05.12 | Apia- Samoa |
| Clean & Jerk | 132 | Mary Opeloge | SAM | 11.05.12 | Apia - Samoa |
| Total | 237 | Mary Opeloge | SAM | 11.05.12 | Apia -Samoa |
| +75Kg Category | | | | | |
| Snatch | Kg | | | | |
| | 107 | Mary Opeloge | SAM | 06.10.12 | Auckland -NZL |
| Clean & Jerk | 128 | Sioe Haioti | NIU | 09.10.05 | Melbourne -AUS |
| Total | 232 | Mary Opeloge | SAM | 06.10.12 | Auckland - NZL |