



RESULTS



Australian Weightlifting Federation National Club Championships
28 – 29 March 2009
Ipswich • Queensland

RESULTS BY SESSION - MEN

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
David Hockins	1991	Toowoomba A	Junior	57.65	64	88	152	230.354
Zack Tuckey	1986	Cougars B	Senior	82.50	85	105	190	229.687
Liam Larkins	1993	Phoenix A	Junior	69.25	75	90	165	220.328
Sam Baumann	1992	Cougars A	Junior	54.75	54	75	129	203.428
Daniel McCallum	1992	Toowoomba A	Junior	73.20	71	83	154	198.808
Lamson Nguyen	1982	USQ A	Senior	64.00	64	75	139	195.442
Luke Sword	1989	Phoenix B	Senior	100.60	70	100	170	188.299
Mitch Thurlow	1992	Cougars A	Junior	122.85	75	100	175	182.369
Steve Matthews	1954	Toowoomba A	Senior	74.65	58	83	141	179.955
Michael Winn	1994	USQ A	Senior	59.65	50	55	105	155.154
Jake Ratcliffe	1994	Toowoomba A	Junior	62.80	48	60	108	153.845

Referees: Kevin White (VIC); Shokr Fallah (QLD); Tanya Harden (QLD)
Time Keeper: Lee-Ann Hughes (QLD)
Technical Controller: Ian Moir (QLD)
Announcer: Michael Keelan

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Patrick Inglis	1992	Kidman Park A	Senior	68.90	98	119	217	290.690
Nathan Kahi	1992	Cougars A	Junior	68.05	92	120	212	286.242
Mark Holloway	1988	Hawthorn C	Senior	68.35	95	110	205	276.014
Sam Katz	1983	Phoenix B	Senior	68.65	90	112	202	271.219
Akashdeep Singh Gill	1989	Phoenix A	Junior	67.60	87	113	200	271.192
Christian Hopper	1985	HoneyBadgers A	Senior	85.70	100	120	220	260.984
Gurpreet Singh	1985	Phoenix B	Senior	77.65	90	110	200	249.653
Bowen Stuart	1986	Toowoomba A	Senior	76.05	90	105	195	246.250
Milo McFarland	1991	Burwood A	Junior	75.80	83	110	193	244.179
Darryl Hockins	1988	Toowoomba A	Senior	65.90	80	97	177	244.030
Joshua Quinn	1991	Hawthorn A	Junior	101.55	97	120	217	239.523
Benjamin Paris	1991	HoneyBadgers A	Senior	66.45	78	92	170	233.099
Ben Quarrell	1973	USQ A	Senior	116.55	85	107	192	202.789
Dean Pascoe	1956	Kidman Park A	Senior	110.60	70	105	175	187.673

Referees: Bob Henderson (QLD); Debra Keelan (QLD); Kevin White (VIC)
Time Keeper: Tanya Harden (QLD)
Technical Controller: Kylie Booth (QLD)
Announcer: Michael Keelan

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Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Max Dalsanto	1985	Kidman Park A	Senior	92.10	142	177	319	366.147
Daniel Koum	1985	Hawthorn B	Senior	61.65	110	140	250	360.765
Vannara Be	1988	Hawthorn B	Senior	55.65	98	125	223	347.205
Ricky Gulyamov	1989	Burwood A	Junior	75.85	120	145	265	335.146
David de Rose	1982	HoneyBadgers A	Senior	71.90	110	140	250	326.207
Ali Gulyamov	1985	Burwood A	Senior	104.85	135	160	295	321.933
Stephen McConnell	1991	Hawthorn A	Junior	71.30	105	127	232	304.259
Daniel Katz	1990	Phoenix A	Junior	74.75	97	131	228	290.767
Gordon Laurie	1986	Phoenix A	Senior	96.95	118	140	258	289.876
Alex Goodyear	1972	Burwood A	Senior	83.15	112	125	237	285.369
Adam Kok	1990	Hawthorn A	Junior	114.90	112	150	262	277.821
Daniel Falcone	1984	Hawthorn	Guest	124.55	112	135	247	256.579
Tom Devjak	1981	Burwood	Guest	93.85	95	128	223	253.909
Kevin Blake	1960	Cougars A	Senior	107.90	97	135	232	250.758
Peter Foster	1967	Cougars B	Senior	103.65	105	---	DNF	0.000

Referees: Lawrence Townsend (QLD); Kylie Booth (QLD); Kevin White (VIC)
Time Keeper: Tanya Harden (QLD)
Technical Controller: Debra Keelan (QLD)
Announcer: Michael Keelan

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Yukio Peter	1984	Nauru	Guest	76.90	150	180	330	414.144
Simplice Ribouem	1982	Hawthorn A	Senior	84.20	135	188	323	386.493
Damon Kelly	1983	Cougars A	Senior	147.50	152	213	365	368.403
Francois Etoundi	1984	Hawthorn A	Senior	68.90	125	150	275	368.386
Corran Hocking	1980	Hawthorn A	Senior	151.60	170	195	365	367.363
David Sarkisian	1986	Hawthorn B	Senior	73.90	120	155	275	353.038
Troy Hewkins	1986	Cougars A	Senior	84.60	130	161	291	347.390
Matthew Williams	1980	Phoenix A	Senior	84.40	128	150	278	332.258
Matthew Falcone	1988	Hawthorn C	Senior	162.70	140	185	325	325.496
Mitchil Mann	1987	Burwood A	Senior	104.95	125	159	284	309.827
Simon McCoy	1983	Hawthorn C	Senior	93.60	110	150	260	296.371
Andrew Ciancio	1978	Phoenix A	Senior	89.25	115	130	245	285.164

Referees: Kevin White (VIC); Debra Keelan (QLD); Shokr Fallah (QLD)
Time Keeper: Keith Forbes (QLD)
Technical Controller: Lawrence Townsend (QLD)
Announcer: Michael Keelan

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RESULTS BY TEAM – JUNIOR MEN

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Stephen McConnell	1991	Hawthorn A	Junior	71.30	105	127	232	304.259
Adam Kok	1990	Hawthorn A	Junior	114.90	112	150	262	277.821
Joshua Quinn	1991	Hawthorn A	Junior	101.55	97	120	217	239.523
								821.603

Daniel Katz	1990	Phoenix A	Junior	74.75	97	131	228	290.767
Akashdeep Singh Gill	1989	Phoenix A	Junior	67.60	87	113	200	271.192
Liam Larkins	1993	Phoenix A	Junior	69.25	75	90	165	220.328
								782.287

Nathan Kahi	1992	Cougars A	Junior	68.05	92	120	212	286.242
Sam Baumann	1992	Cougars A	Junior	54.75	54	75	129	203.428
Mitch Thurlow	1992	Cougars A	Junior	122.85	75	100	175	182.369
								672.039

David Hockins	1991	Toowoomba A	Junior	57.65	64	88	152	230.354
Daniel McCallum	1992	Toowoomba A	Junior	73.20	71	83	154	198.808
Jake Ratcliffe	1994	Toowoomba A	Junior	62.80	48	60	108	153.845
								583.007

Ricky Gulyamov	1989	Burwood A	Junior	75.85	120	145	265	335.146
Milo McFarland	1991	Burwood A	Junior	75.80	83	110	193	244.179
								579.325

RESULTS BY TEAM – SENIOR MEN

Simplice Ribouem	1982	Hawthorn A	Senior	84.20	135	188	323	386.493
Francois Etoundi	1984	Hawthorn A	Senior	68.90	125	150	275	368.386
Corran Hocking	1980	Hawthorn A	Senior	151.60	170	195	365	367.363
								1122.242

Daniel Koum	1985	Hawthorn B	Senior	61.65	110	140	250	360.765
David Sarkisian	1986	Hawthorn B	Senior	73.90	120	155	275	353.038
Vannara Be	1988	Hawthorn B	Senior	55.65	98	125	223	347.205
								1061.008

Damon Kelly	1983	Cougars A	Senior	147.50	152	213	365	368.403
Troy Hewkins	1986	Cougars A	Senior	84.60	130	161	291	347.390
Kevin Blake	1960	Cougars A	Senior	107.90	97	135	232	250.758
								966.551

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Ali Gulyamov	1985	Burwood A	Senior	104.85	135	160	295	321.933
Mitchil Mann	1987	Burwood A	Senior	104.95	125	159	284	309.827
Alex Goodyear	1972	Burwood A	Senior	83.15	112	125	237	285.369
								917.129

Matthew Williams	1980	Phoenix A	Senior	84.40	128	150	278	332.258
Gordon Laurie	1986	Phoenix A	Senior	96.95	118	140	258	289.876
Andrew Ciancio	1978	Phoenix A	Senior	89.25	115	130	245	285.164
								907.298

Matthew Falcone	1988	Hawthorn C	Senior	162.70	140	185	325	325.496
Simon McCoy	1983	Hawthorn C	Senior	93.60	110	150	260	296.371
Mark Holloway	1988	Hawthorn C	Senior	68.35	95	110	205	276.014
								897.881

Max Dalsanto	1985	Kidman Park A	Senior	92.10	142	177	319	366.147
Patrick Inglis	1992	Kidman Park A	Senior	68.90	98	119	217	290.690
Dean Pascoe	1956	Kidman Park A	Senior	110.60	70	105	175	187.673
								844.510

David de Rose	1982	HoneyBadgers A	Senior	71.90	110	140	250	326.207
Christian Hopper	1985	HoneyBadgers A	Senior	85.70	100	120	220	260.984
Benjamin Paris	1991	HoneyBadgers A	Senior	66.45	78	92	170	233.099
								820.290

Sam Katz	1983	Phoenix B	Senior	68.65	90	112	202	271.219
Gurpreet Singh	1985	Phoenix B	Senior	77.65	90	110	200	249.653
Luke Sword	1989	Phoenix B	Senior	100.60	70	100	170	188.299
								709.171

Bowen Stuart	1986	Toowoomba A	Senior	76.05	90	105	195	246.250
Darryl Hockins	1988	Toowoomba A	Senior	65.90	80	97	177	244.030
Steve Matthews	1954	Toowoomba A	Senior	74.65	58	83	141	179.955
								670.235

Ben Quarrell	1973	USQ A	Senior	116.55	85	107	192	202.789
Lamson Nguyen	1982	USQ A	Senior	64.00	64	75	139	195.442
Michael Winn	1994	USQ A	Senior	59.65	50	55	105	155.154
								553.385

Zack Tuckey	1986	Cougars B	Senior	82.50	85	105	190	229.687
Peter Foster	1967	Cougars B	Senior	103.65	105	---	DNF	0.000
								229.687

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RESULTS BY SESSION - WOMEN

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Courtenay Chisholm	1995	Tassie Twin	Guest	44.95	33	44	77	124.856
Kara Stuart	1994	Toowoomba A	Junior	45.05	30	41	71	114.886
Sophie Cowen	1997	Tassie Twin A	Senior	46.85	31	39	70	109.250
Reachney Be	1994	Hawthorn A	Junior	52.10	34	40	74	105.464
Julie Davis	1952	Cougars D	Senior	47.60	22	33	55	84.626
Leandra Miscamble	1956	Cougars D	Senior	65.00	27	41	68	82.919
Vicky Brady	1943	Cougars D	Senior	51.35	27	30	57	82.200
Valerie Silver	1949	Cougars C	Senior	61.55	29	35	64	80.763

Referees: Debra Keelan (QLD); Bob Henderson (QLD); Kylie Booth (QLD)
Time Keeper: Tanya Harden (QLD)
Technical Controller: Shokr Fallah (QLD)
Announcer: Michael Keelan

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Melissa Robinson	1981	Cougars A	Senior	57.40	64	78	142	187.976
Bianca Sheppard	1992	Toowoomba A	Junior	57.35	62	72	134	177.497
Kirsten Wu	1993	Cougars A	Junior	51.40	51	65	116	167.150
Christine Meier	1983	Cougars B	Senior	61.80	55	73	128	161.100
Lisa Souter	1973	Cougars A	Senior	52.15	49	62	111	158.074
Liana Lambert	1988	Cougars C	Senior	66.65	56	65	121	145.374
Kelsey Swift	1994	Cougars A	Junior	59.20	48	63	111	143.782
Bonnie Sleeman	1993	Cougars B	Senior	78.15	56	70	126	139.637
Kim Hanssen	1986	Cougars B	Senior	64.15	45	63	108	132.756
Socheata Be	1989	Hawthorn A	Junior	52.30	---	70	---	0.000

Referees: Shokr Fallah (QLD); Victoria Brady (QLD); Lawrence Townsend (QLD)
Time Keeper: Barry Harden (QLD)
Technical Controller: Craig Wegert (QLD)
Announcer: Ian Moir

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Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Seen Lee	1982	Hawthorn A	Senior	59.50	90	105	195	251.714
Jacque White	1982	Hawthorn A	Senior	62.90	80	98	178	221.507
Nicole Chamberlain	1978	Kidman Park	Senior	64.85	82	99	181	221.020
Jenna Myers	1986	Tassie Twin A	Senior	73.65	85	106	191	217.545
Camilla Fogagnolo	1986	Tassie Twin A	Senior	68.95	75	100	175	206.261
Davina Hughes	1989	Toowoomba A	Junior	53.00	64	78	142	199.628
Holly Collyer	1988	Cougars A	Senior	64.20	66	85	151	185.524
Michelle Kahi	1994	Cougars A	Junior	62.05	65	78	143	179.508
Belinda van Tienen	1986	Hawthorn A	Senior	74.90	---	DNF	---	0.000

Referees: Debra Keelan (QLD); Kevin White (VIC); Kathleen Harden (QLD)
Time Keeper: Keith Forbes (QLD)
Technical Controller: Shokr Fallah (QLD)
Announcer: Ian Moir

RESULTS BY TEAM – JUNIOR WOMEN

Name	Born	Club/Team	Team Cat	B/Wt	Snatch	C & J	Total	Sinclair Points
Davina Hughes	1989	Toowoomba A	Junior	53.00	64	78	142	199.628
Bianca Sheppard	1992	Toowoomba A	Junior	57.35	62	72	134	177.497
Kara Stuart	1994	Toowoomba A	Junior	45.05	30	41	71	114.886
								492.011

Michelle Kahi	1994	Cougars A	Junior	62.05	65	78	143	179.508
Kirsten Wu	1993	Cougars A	Junior	51.40	51	65	116	167.150
Kelsey Swift	1994	Cougars A	Junior	59.20	48	63	111	143.782
								490.440

Reachney Be	1994	Hawthorn A	Junior	52.10	34	40	74	105.464
Socheata Be	1989	Hawthorn A	Junior	52.30	---	70	---	0.000
								105.464

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RESULTS BY TEAM – SENIOR WOMEN

Jenna Myers	1986	Tassie Twin A	Senior	73.65	85	106	191	217.545
Camilla Fogagnolo	1986	Tassie Twin A	Senior	68.95	75	100	175	206.261
Sophie Cowen	1997	Tassie Twin A	Senior	46.85	31	39	70	109.250
								533.056

Melissa Robinson	1981	Cougars A	Senior	57.40	64	78	142	187.976
Holly Collyer	1988	Cougars A	Senior	64.20	66	85	151	185.524
Lisa Souter	1973	Cougars A	Senior	52.15	49	62	111	158.074
								531.574

Seen Lee	1982	Hawthorn A	Senior	59.50	90	105	195	251.714
Jacque White	1982	Hawthorn A	Senior	62.90	80	98	178	221.507
Belinda van Tienen	1986	Hawthorn A	Senior	74.90	---	DNF	---	0.000
								473.221

Christine Meier	1983	Cougars B	Senior	61.80	55	73	128	161.100
Bonnie Sleeman	1993	Cougars B	Senior	78.15	56	70	126	139.637
Kim Hanssen	1986	Cougars B	Senior	64.15	45	63	108	132.756
								433.493

Julie Davis	1952	Cougars D	Senior	47.60	22	33	55	84.626
Leandra Miscamble	1956	Cougars D	Senior	65.00	27	41	68	82.919
Vicky Brady	1943	Cougars D	Senior	51.35	27	30	57	82.200
								249.745

Liana Lambert	1988	Cougars C	Senior	66.65	56	65	121	145.374
Valerie Silver	1949	Cougars C	Senior	61.55	29	35	64	80.763
								226.137

TEAM CLASSIFICATION: 'A' TEAM POINTS – ALL CATEGORIES

Club	Points
Cougars	2660.603
Hawthorn	2522.531
Toowoomba	1745.254
Phoenix	1689.584
Burwood	1496.453
Kidman Park	844.510
Honey Badgers	820.291
USQ Springfield	553.385
Tassie Twin Towners	533.056