

Quake Raddock - Fiji

It is with great sadness that I inform you of the sudden and untimely passing of our dear friend Quake Raddock.

Quake, a champion weightlifter in his younger days (Gold Medal at the South Pacific Games) and a great rugby player, was in the last 20 years the heart of weightlifting in Fiji.

Every single lifter in Fiji in that period of time was coached by Quake. He was the national coach at many international events including the 1996 Atlanta Olympic Games, the 2000 Sydney Olympic Games and the 1998 Commonwealth Games in Kuala Lumpur (Malaysia).

A true sportsman in every sense. Quake was also the immediate past Vice President of the Oceania Weightlifting Federation.

A great athlete, a great champion, a great person.

Quake will be sadly missed by all who knew him.

Paul Coffa
GENERAL SECRETARY
OCEANIA WEIGHTLIFTING FEDERATION

